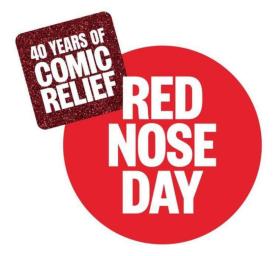


# FRIDAY FLYER

Happy Red Nose Day Everyone

So Red Nose Day is 40 years old today! Rather disturbingly, I still have a photo of me and my other sixth form mates dressed in a clown costume on the very first Red Nose Day back in 1985! Since then, the charity has helped to raise more than £1.6 billion and supported more than 100 million people.

As we celebrate Red Nose today, watch for the photos in next week's flyer, I am reminded of how everyone of our children lives our school values and particularly the work our children do for charitable causes. Whether it be Red Nose Day, Children in Need, Nathan's Walk for the RNLI,



Tommy's Heli Hike or the work the Duck Squad are currently undertaking at South Pond our children never fail to support those around them.

As teachers and parents, one of our most important roles is to help guide our children through life and teach them the values that will shape their future. One of the most meaningful values we can instil in them is the importance of charity. Charity, in its simplest form, means showing kindness and generosity to others, especially those in need. By teaching our children about charity, we are helping them become compassionate, caring, and responsible individuals.

Here's why charity is so important for children and how we all play a key role in helping your child understand its value.

#### 1. Building Empathy and Kindness

When children are taught about charity, they learn to understand the feelings of others. They begin to recognise that not everyone has the same resources or opportunities, and this helps develop empathy. By giving to others, whether it's through donating toys, clothes, or even their time, children can see how small acts of kindness can make a big difference. This empathy builds a foundation for positive social behaviour and can help children form strong, caring relationships with their peers.

#### 2. Teaching the Joy of Giving

One of the best ways to introduce charity to children is by showing them the joy of giving. While receiving gifts is exciting, giving can be even more rewarding. When children give, whether it's being a friend to someone in need at school, helping a neighbour with chores, or volunteering at a local event, they experience the satisfaction that comes from knowing they've helped someone else. This

sense of accomplishment fosters self-confidence and teaches children that the world doesn't just revolve around them—it's also about the happiness and well-being of others.

### 3. Encouraging a Lifelong Habit

The values children learn at a young age can stay with them for a lifetime. By incorporating charity into their daily lives, we are setting the stage for them to continue these practices as they grow. Whether it's participating in a fundraising event, or simply offering a helping hand, teaching children that giving back is an ongoing habit ensures they will grow up to be responsible and generous adults.

### 4. Promoting a Stronger Community

Charity doesn't just benefit those who receive it; it helps strengthen the community. When children participate in charitable activities, they become part of a collective effort to help others. This sense of community is essential as it fosters teamwork, connection, and a shared responsibility to care for one another. It also teaches children that they can make a positive impact on their community, no matter how big or small.

### 5. A Chance to Learn Life Skills

In addition to the emotional benefits, charity offers children a chance to learn practical life skills. Through charity work, children can develop important qualities such as teamwork, leadership, and problem-solving. They also learn how to manage money (for example, by donating a portion of their savings) and gain an understanding of how organisations operate. These experiences help children become well-rounded individuals who are equipped to handle a variety of challenges in the future.

Charity is an essential value that enriches both the giver and the receiver. By teaching our children about the importance of charity, we are helping them grow into compassionate, thoughtful individuals who understand the importance of kindness and generosity. As teachers and parents, we have the power to shape their understanding of charity and show them the joy that comes from making the world a better place for others.

Together, we can raise a generation that not only cares for their own well-being but also the well-being of everyone around them.

With every best wish

Mark

### **BIRCH CLASS GET SKETCHING AT COWDRAY**

Birch Class have been out and about this week sketching Cowdray Castle. They looked carefully at the features of the castle and did some excellent sketching. Look out for our display which will follow soon.



#### **BREAKFAST AND ASC BOOKINGS**

Bookings for Breakfast and After School Clubs for the first half of the summer term are now open. Sessions can be reserved and paid for directly through MCAS, or if you have a payment plan, email your requests to Helen, our bursar.

Don't forget that you may be able to get help paying for your wraparound care by setting up a Tax-Free Childcare account – for every £8 you pay into the account, the government adds £2 – and our clubs are already registered with the scheme so you can use the money to pay for your sessions. There's a link below, but if you need any help, please contact Helen at <u>bursar@midhurstprimary.co.uk</u>

#### https://www.gov.uk/tax-free-childcare

#### 33RD ANNUAL CORPORATE AND INTER-SCHOOLS ROAD RUNNING CHALLENGE 2025

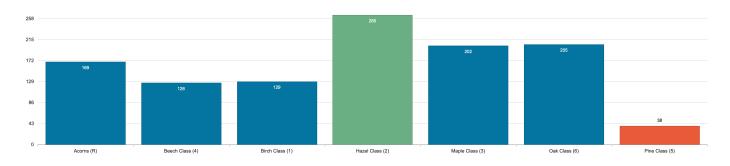


The annual corporate challenge road races organised by the Chichester Runners are a unique series of evening road races for all ages and abilities, run around Chichester city

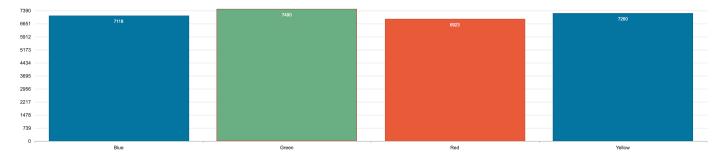
centre. Distances range from 1400m for primary school children up to 4.5km for adults. We're so very proud of our children who took part in the primary school event!

### **BEHAVIOUR POINTS**

Congratulations to Hazel Class for gaining the most Reward Points this week with 265 points. Well done Hazel Class

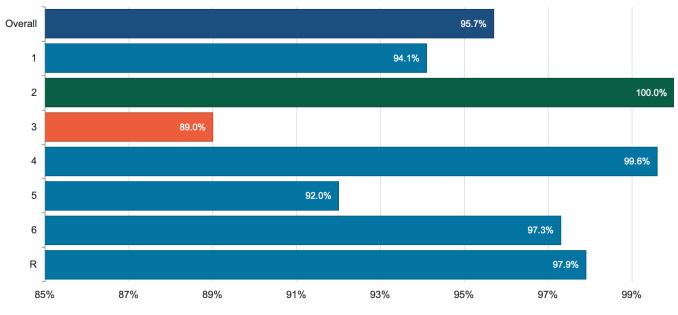


Rother House remain in the lead this week with 7490 points so far this year.



### WEEKLY ATTENDANCE

This week's overall attendance is 95.7%, 0.7% above our target of 95! Great job!



### THIS WEEK'S ATTENDANCE CHAMPION

Congratulations to Hazel Class, this week's attendance champions with 100%. Fantastic job Hazel Class!

#### **DIARY DATES**

Date	Event/Activity	Details
Monday 24 <sup>th</sup> March	Hazel - PE today	Please come in PE kit
	Beech class trip to Butser	see separate letter
	Littlewoods – Acorns class	Group 1
	Dance club	3.30 – 4.30pm
Tuesday 25 <sup>th</sup> March	Birch, Hazel & Maple - PE today	Please come in PE kit
	Forest School – vicars award	By invitation only
	Aspire Football club	3.30 – 4.30pm
Wednesday 26 <sup>th</sup>	Beech, Pine & Oak - PE today	Please come in PE kit
March	Netball club	3.30 – 4.30pm
Thursday 27 <sup>th</sup>	Cross country race with	7.45am
March	Easebourne	
	Birch & Oak – PE today	Please come in PE kit
	Swimming – Beech class	am
	Makaton club for KS1	lunchtime
	Forest School	Maple – group 2
	Phonics meeting for parents	3.30 – 4pm in year 1 classroom
	Rother Valley Festival Dance club	By invitation only
Friday 28 <sup>th</sup> March	Maple & Pine PE today	Please come in PE kit
	MRC Netball Tournament	Some children involved
	Cross Country club	3.30 – 4.15pm
	Rother Valley Arts/Dance	Children should arrive at 6.30pm for a 7pm start (see
	Festival at MRC	separate letter for more details)
Monday 31 <sup>st</sup> March	Residential for Oak class	
	Hazel & Beech - PE today	Please come in PE kit
	Littlewood – Acorn class	Group 1
	Residential meeting for Beech	3.30 – 4pm
	class	
	Dance club	3.30 – 4.30pm
Tuesday 1 <sup>st</sup> April	Residential for Oak class	
	Birch, Hazel & Maple - PE today	Please come in PE kit
	Aspire Football club	3.30 – 4.30pm
Wednesday 2 <sup>nd</sup> April	Residential for Oak class	
	Beech, Pine & Oak - PE today	Please come in PE kit
	Birch class trip to Arundel Castle	See separate letter
	Netball club	3.30 – 4.30pm
Thursday 3 <sup>rd</sup> April	Residential for Oak class	
	Birch & Oak – PE today	Please come in PE kit
	Swimming – Beech class	am
	Makaton club for KS1	lunchtime
	Forest School	Maple – group 2
	Rother Valley Festival Dance club	By invitation only
Friday 4 <sup>th</sup> April	Residential for Oak class	
LAST DAY OF TERM	Maple & Pine PE today	Please come in PE kit
	Forest School	Hazel – group 1
	Cross Country club	3.30 – 4.15pm
EASTER HOLIDAYS Monday 7 <sup>th</sup> – Monday 21 <sup>st</sup> April		
Tuesday 22 <sup>nd</sup> April	INSET day	School Closed
Wednesday 23 <sup>rd</sup>	Back to School	Summer Term begins
A <u>pril</u>		



## Junior Cricket 2025 Midhurst Cricket Club

Fun based coaching and team play for boys and girls in age appropriate groups 5-14. All are welcome.



Training season starts Friday 16th May from 6pm

£55 for the season

Family Welcome Night: Friday 2nd May.

For All Stars and Dynamos, register <u>here</u>. For 12+ registration please complete the form <u>here</u>. Booking opens 19th March.

Or contact Michelle for more information: midhurstjuniorcricket@gmail.com

<u>Session times</u>: All Stars (ages 5-7) 6-7pm Dynamos (ages 8-11) 6-7pm 12+ preparing for hardball 7-8pm

🚔 😚 clubmark







### **HELP US TO WIN THE TESCO VOTE**

From 1st January until 30th March 2025 we are one of three charities hoping to win the Stronger Starts grant at Midhurst branches of Tesco, which will support our gardening project at Midhurst Primary School. PLEASE help us by collecting blue tokens and helping us win £1500!



### Midhurst Rother College Community Day Saturday 26 April 2025 10am-2pm

Calling all local businesses, agencies and groups to join us at this event to

- share your skills
- demonstrate your crafts
- promote your goods
- recruit new members
- engage with the local community

### It's all about what's on offer on our doorstep!

#### ALL STAND & EXHIBITION SPACE FREE OF CHARGE

For more information email: madeline.hathaway@mrc-academy.org or contact the College Office: 01730 812451

> Midhurst Rother College The best in everyone<sup>™</sup>

Part of United Learning

One of the highest rated trail races on Let's Do This! in 2022 and 2023!

# WITH PERFECT MOTION PHYSIC

LET'S DO THISI RATED 4.9/5.0

FTERBURN

GYM

STRIVE - PERFORM - ACHIEVE

## COCKING 10K TRAIL RACE

A 10k Trail Race on The South Downs near Midhurst. A technical uphill trail at the start, some glorious views and a flying downhill to the finish!

## 10:15AM Sunday 11th May 2025

### Cadence Cycle Club, Flint Barn, Cocking GU29 OHT

Chip timing • Finisher's medal • Prizes for leading runners • Parking Refreshments • Enter early, limited to 350 runners

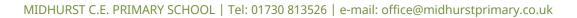
Prize draw! Enter by 30th April for a chance to win a pair of running shoes up to the value of £150.00, by courtesy of the Run Company.

Run Company

STARR

METIS

HOMES



£18/£20 · ENTER ONLINE AT www.midhurstmilers.org







## 3K AND 5K JUNIOR TRAIL RACE

6-8 YEARS

9-11 YEARS

12-15 YEARS

\*\*\*\*

### 9:15AM Sunday 11th May 2025

Cadence Cycle Club, Flint Barn, Cocking GU29 OHT

A Junior Trail Race on The South Downs near Midhurst. Categories and prizes for 6-8, 9-11 age groups on 3K and 12-15 age group on 5K. £8 online entry only.

#### SCHOOL TEAM RACE

Mixed teams of six pupils • Primary and Secondary school categories £48 per team • For details please email Sarah Jenkins sarah330@hotmail.com

### ONLY £8 • ENTER ONLINE AT www.midhurstmilers.org



# BEAT THE SUMMER RUSH WITH OUR SPRING OFFER @ The Grange Leisure Centre

BECOME THE BEST VERSION OF YOURSELF IN 2025.

Join our non-contract membership with Access to Gym, Classes, Sauna, Steam and Jacuzzi as well as perks (discounts on brands, health hero – access to a Dr online and lots more) 🕲.

JOIN BEFORE 21<sup>st</sup> March 2025 and PAY NO JOINING FEE SAVING £40

OUR LIMITED TIME OFFER IS ONLY RUNNING UNTIL 21<sup>st</sup> March 2025

# EVERYONE

For more information go to www.everyoneactive.com or visit The Grange Leisure Centre. to join now!

Call us on 01730 815285,







### BOOK EARLY AND SAVE | CHILDCARE VOUCHERS ACCEPTED



Minerva Mill, Station Road, Alcester, B49 5ET

0121 227 4385

Info@we-activate.co.uk



# Out of This World!

Launch into libraries and join our galactic adventure, with stellar space stories and a cosmic craft activity.



## Monday 7 April 10.00-11.0am

Suitable for children aged 4+ years

Booking essential – please speak with staff to reserve a place. Parents and carers must remain with their child during this activity.

### **Midhurst Library**

The Grange, GU29 9HD 01730 716671 midhurst.library@westsussex.gov.uk



# Out of This World!

Launch into libraries and join our galactic adventure, with stellar space stories and a cosmic craft activity.



## Thursday 17 April 2.00-3.00pm

### Suitable for children aged 4+ years

Booking essential – please speak with staff to reserve a place. Parents and carers must remain with their child during this activity.

> Southbourne Library First Avenue, PO10 8HP 01243 375924 southbourne.library@westsussex.gov.uk



# Out of This World!

Launch into libraries and join our galactic adventure, with stellar space stories and a cosmic craft activity.

## Wednesday 9 April 2.00-3.00pm

### Suitable for children aged 4+ years

Booking essential – please speak with staff to reserve a place. Parents and carers must remain with their child during this activity.

> Petworth Library High Street, GU28 0AU 01798 342274 petworth.library@westsussex.gov.uk

MU



# Out of This World!

Launch into libraries and join our galactic adventure, with stellar space stories and a cosmic craft activity.



### Thursday 17 April 10.30-11.30am Suitable for children aged 4+ years

Booking essential – please speak with staff to reserve a place. Parents and carers must remain with their child during this activity.

> Selsey Library School Lane, PO20 9EH 01243 602096 selsey.library@westsussex.gov.uk



**OLIDAY ACTIVITIES** 



### 7 - 9 April

BOGNOR REGIS - Rap & Lyric Writing CHICHESTER - Interactive Soundtrack & Music CRAWLEY - Music Production & DJ - Interactive Soundtrack & Music LITTLEHAMPTON - "Soundz" Contemporary Choir WORTHING - Rock & Pop Band - Interactive Soundtrack & Music

### AGES 8 - 16YRS SIGN UP HERE

WWW.WESTSUSSEXMUSIC.CO.UK/HOLIDAYACTIVITIES





