

# FRIDAY FLYER

### Happy Friday Everyone



It may have a been another wet and chilly week but that hasn't stopped some of our children from taking their learning outside, further afield and beyond the school grounds. Year 2 were out and about this morning as part of this term's art topic with them heading to Cocking Hill to draw and sketch the work of Andy Goldsworthy – Hazel Class's artist of the term.

In 2002, 15 chalk stones were installed along a 5 mile stretch of the West Sussex countryside by Andy Goldsworthy, an internationally acclaimed artist who creates his sculptures exclusively from natural materials. These boulders were only ever expected to last about five years before they crumbled and disintegrated back into the environment but they are still a popular art installation stretching across our local South Downs landscape



Despite there being a chill in the air the children and adults had a fabulous time drawing and sketching the chalk stones and learning about Andy Goldsworthy in preparation for some Goldsworthy inspired art work back in the classroom.

With every best wish

Mark

### CHILDREN'S MENTAL HEALTH WEEK 2025 - NEXT WEEK!

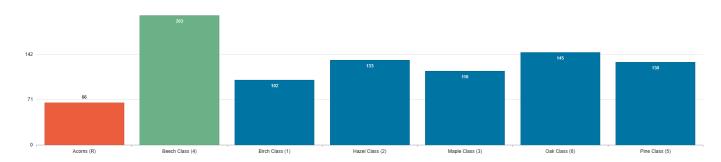
Children's Mental Health Week takes place from 3 – 9 February. In 2025, the week's focus will be Know Yourself, Grow Yourself. We want to equip and empower children, and the adults who surround them, to embrace self-awareness and explore what it means to them.

Each year, Place2Be experts create fun and engaging resources for families, parents and carers to take part in Children's Mental Health Week. This year we're partnering with Here4You, supported by The Walt Disney Company and the Inside Out 2 characters to explore our theme Know Yourself, Grow Yourself.

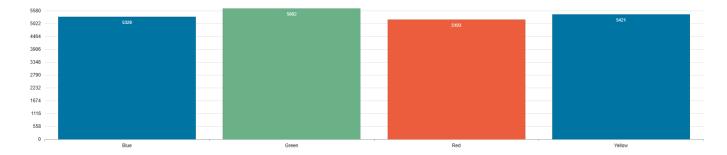
We will be marking Children's Mental Health Week in lots of fun and engaging activities. If you wish to know why not take a look the <u>Children's Mental Health Week Website</u>

### **BEHAVIOUR POINTS**

Congratulations to Beech Class for gaining the most Reward Points this week with 203 points. Great job Beech Class!

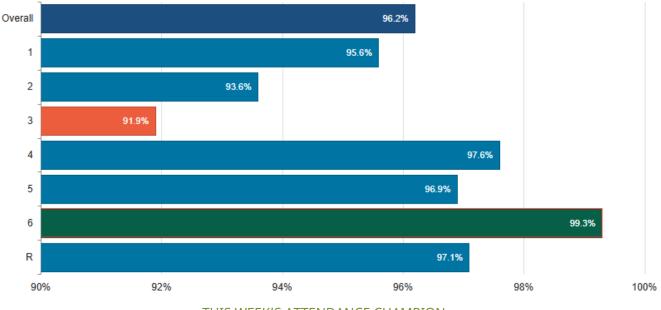


# Rother House remain in the lead this week with 5682 points so far this year



### WEEKLY ATTENDANCE

This week's overall attendance is 96.2%, 1.2% above our target of 95%.



### THIS WEEK'S ATTENDANCE CHAMPION

Congratulations to Oak Class, this week's attendance champions with 99.3%

# DIARY DATES

Date	Event/Activity	Details
Monday 3 <sup>rd</sup>	Hazel & Beech - PE today	Please come in PE kit
February	KS2 Coding Club	3.30 – 4.30pm
	Dance Club	3.30 – 4.30pm
Tuesday 4 <sup>th</sup>	Birch, Hazel & Maple - PE today	Please come in PE kit
February	Aspire Football Club	3.30 – 4.30pm
Wednesday 5 <sup>th</sup>	Beech, Pine & Oak - PE today	Please come in PE kit
February		
Thursday 6 <sup>th</sup>	Birch & Oak – PE today	Please come in PE kit
February	Maple class @ MRC for Big Sing	am
	Forest School	Year 3 – group 1
	Art club for Pine & Oak (last	3.30 – 4.30pm
	one)	
	Dance Club	3.30 – 4.30pm
Friday 7 <sup>th</sup> February	Maple & Pine PE today	Please come in PE kit
	Acorns - Goodwood Farm trip	See letter sent for details
	Cross Country at MRC	Letter will be sent to those involved
	Cross Country	3.30 – 4.15pm
Monday 10 <sup>th</sup>	Hazel & Beech - PE today	Please come in PE kit
February	KS2 Coding Club (last one)	3.30 – 4.30pm
-	Dance Club	3.30 – 4.30pm
Tuesday 11 <sup>th</sup>	Birch, Hazel & Maple - PE today	Please come in PE kit
February	Forest school - Vicar's award	By invitation
	Aspire Football Club	3.30 – 4.30pm
Wednesday 12 <sup>th</sup>	Beech, Pine & Oak - PE today	Please come in PE kit
February	Hazel Class trip to Southampton	See letter sent previously for details
	SeaCity Museum	
Thursday 13 <sup>th</sup>	Birch & Oak – PE today	Please come in PE kit
February	Forest School	Year 3 – group 1
	Dance Club	3.30 – 4.30pm
Friday 14 <sup>th</sup> February	Maple & Pine PE today	Please come in PE kit
	Cross Country club (last one)	3.30 – 4.15pm
Monday 17 <sup>th</sup> -Friday	HALF TERM BREAK	SCHOOL CLOSED
21 <sup>st</sup> February		
Monday 24 <sup>th</sup>	INSET DAY	SCHOOL CLOSED
February		
Tuesday 25 <sup>th</sup>	BACK TO SCHOOL	
February	Pine Class trip to Winchester	See separate letter
-	Science Centre	



# **HELP US TO WIN THE TESCO VOTE**

Since 1890

From 1st January until 30th March 2025 we are one of three charities hoping to win the Stronger Starts grant at Midhurst branches of Tesco, which will support our gardening project at Midhurst Primary School. PLEASE help us by collecting blue tokens and helping us win £1500!



CHARITY NO 285337 A COMPANY LIMITED BY GUARANTEE REGISTERED NO 1648903 REGISTERED OFFICE: GARTON HOUSE 22 STANFORD AVENUE, BRIGHTON, BNI 6AA

# Midhurst Rother College Community Day Saturday 26 April 2025 10am-2pm

Calling all local businesses, agencies and groups to join us at this event to

- share your skills
- demonstrate your crafts
- promote your goods
- recruit new members
- engage with the local community

# It's all about what's on offer on our doorstep!

# ALL STAND & EXHIBITION SPACE FREE OF CHARGE

For more information email: madeline.hathaway@mrc-academy.org or contact the College Office: 01730 812451

Part of United Learning

Midhurst Rother College The best in everyone™



# Febuary Half Term Multi-Sports Camps

# Camp Information:

- Camps run from 9am to 3pm.
  - For children in years 1 to 6.
- Half Days available to children in
  - year R (9am to 12pm).
- Free drop off from 8:45am and collection by 3:15pm.
   Children require:
  - a mut free enclosed lune
  - a nut-free packed lunch.
    - mid-morning snack.
    - refillable drinks bottle.
- hot and cold weather protection
  - trainers.
    Lots of fun activities;

Running, tagging, dodging, jumping, throwing activities, ball games, striking and fielding, orienteering, teamwork & problem-solving



# Join us!



Q

- Wednesday 19th to Friday 21st February 2025
- Buriton Village Hall and Easebourne Primary School

www T

www.aspirecoaching.org.uk



info@aspirecoaching.org.uk



Football fun for everyone! For children in years 1 to year 8 Half days available for children in year R In association with Petersfield Town FC



Mon 17th & Tues 18th February 2025 9am to 3pm

The Petersfield School 3G AstroTurf

Book with us

www.aspirecoaching.org.uk







A 5 WEEK COURSE FOR PARENTS AND CARERS TO GAIN KNOWLEDGE AND UNDERSTANDING AROUND SUPPORTING CHILDREN & YOUNG PEOPLE'S MENTAL HEALTH, OFFERING A SAFE SPACE TO REFLECT AND FIND PEER SUPPORT. **TOPICS INCLUDE SELF-ESTEEM, ANXIETY & EMOTIONS, COMMUNICATION AND MORE**<sup>§</sup>

# WORTHING - 24TH APRIL - 5TH JUNE (WEEKLY)

10AM-12NOON 8 -10 DURRINGTON LN, WORTHING BN13 2QG

# CRAWLEY - 19TH JUNE - 17TH JULY (WEEKLY)

12:30-14:30 **BEWBUSH CHILDREN & FAMILY CENTRE, DORSTEN SQUARE, CRAWLEY RH11 8XW** 

**BOGNOR REGIS - 18TH SEP – 16TH OCT (WEEKLY)** 

10AM-12NOON ARUN WEST FAMILY HUB. LABURNUM GROVE, BOGNOR REGIS PO22 9HT

REFRESHMENTS **PROVIDED**<sup>§</sup>



# **TO SECURE YOUR PLACE OR FOR MORE INFORMATION, PLEASE EMAIL:** PARENTINGSUPPORT@WESTSUSSEXMIND.ORG

Please note, due to the sensitivity of our discussions, we ask that you attend without your child/young person.

# West Sussex Amind

# Parenting Peer Support Drop-ins Winter/Spring Timetable



If you are a parent or carer to a child or young person who needs some support with their mental health, you may not know where to start and may need some support of your own.

We at West Sussex Mind know how vital it is for people to talk and share their experiences, so we have started Peer Support drop-ins across the county, where you can meet our Parenting Team and other parents who can provide some much needed empathy and understanding.

# <u>The Parenting Support Service at West</u> <u>Sussex Mind has a lot to offer:</u>

- Peer Support Groups- both during the day (in person) and in the evening (on-line)
- Monthly 'Expert by Experience' Guest Speaker Zoom evening sessions, covering topics such as Self-Harm, EBSA, Autism and mental health, Masking and more...
- 1:1 sessions with a Peer Support Worker
- Closed Facebook group; regular newsletters and access to training, e-learning and webinars (on the West Sussex Mind website).
- 5 week Parenting Mental Health Course

# Come and join us in:

### Worthing

The Gateway, 8-10 Durrington Lane, Worthing, BN13 2QG 13:00 - 14:00

- Tues 18th Feb
- Tues 18th March

### **Bognor Regis**

Arun West Family Hub, Laburnum Grove, Bognor Regis PO22 9HT 11:00-12:00

- Thurs 13th Feb
- Thurs 13th March

### Crawley

Bewbush Family Centre, Dorsten Square, Crawley RH11 8XW 10.00-11.00

• Tues 11th Feb

### Horsham

i-Rock, Hurst Cafe, Hurst Road, Horsham RH12 2DN 13.00- 14.00

- Tues 4th Feb
- Tues 4th March

### Lancing

Lancing Parish Hall, South Street, Lancing BN15 8AJ 13.30-14.30

- Wed 5th Feb
- Wed 5th March

Please feel free to drop-in where we can chat and get you registered with the service.

Or to register yourself, please call our Help Point Monday to Friday, 10am until 4pm on 0300 303 5652 or email <u>helppoint@westsussexmind.org</u> arena.westsussex.gov.uk



# Happy Birthday Library!

Join us to celebrate 100 years of West Sussex Libraries with birthday themed stories and crafts!

# Thursday 20 February 10.00-11.00am

Suitable for children aged 4+

Booking essential – please speak with staff to reserve a place. Parents and carers must remain with their child during this activity.

> Chichester Library Tower Street, PO19 1QJ 01243 777351 Chichester.library@westsussex.gov.uk

arena.westsussex.gov.uk



# Happy Birthday

Join us to celebrate 100 years of West Sussex Libraries with birthday themed stories and crafts!

# Wednesday 19 February 2.00-3.00pm

Suitable for children aged 4+

Booking essential – please speak with staff to reserve a place. Parents and carers must remain with their child during this activity.



# FREE LASER SHOW EXTRAVAGANZA

**CHICHESTER CANAL BASIN** 

Canal Wharf, Stockbridge Road, Chichester PO19 8DT

# Friday 21 & Saturday 22 February 2025 Different displays at 6pm & 7.30pm

• New for this year – a gigantic water screen showing clips from your favourite movies to music and laser lights!

• There will be food and drink stalls and the Canal Café will be open.

For more information visit www.chichester.gov.uk/whatson



New for 2025 a gigantic ater screen



www.chichester.gov.uk/whatson

