BEHAVIOUR POLICY



Vision

At Midhurst CE Primary School we believe passionately in living life in all its fullness by developing the spiritual and holistic potential of each child. Our distinctively Christian values of kindness, peace, friendship, respect, creativity and forgiveness underpin the education and care we provide for the whole child, their family and school community.

Aims

Our aim is that every child will reach their full potential by:

- learning to read so that they can read to learn.
- having the skills to write with purpose and fluency.
- becoming problem solvers through logic, reason and numeracy.
- knowing how to learn, what sort of learner they are and how they learn best.
- accessing a wide ranging, creative curriculum that is challenging and inspiring and caters for the needs of all.
- gaining knowledge, skills and understanding appropriate to a fast-changing world, so they can be self-reliant, adaptable and lead fulfilling and meaningful lives.
- being valued as an individual, who can share their concerns and can grow in confidence knowing their place in their class, their school, their local, national and international communities, wanting to help others and make a positive difference.
- being aware and able to make healthy choices physically and mentally. They will choose to keep active and develop positive attitudes to life and wellbeing.
- understanding that they are responsible for their own actions and take responsibility for them.

At Midhurst C of E Primary School, we strive to ensure that the whole school environment is a place that promotes learning, encourages challenge and independence and is as safe as possible. We believe that children should feel secure, happy, and valued as unique individuals so their educational, emotional, spiritual, and physical needs are met. We expect every child to make good progress and develop their wisdom, knowledge, skills and understanding of the world they live in. We encourage enthusiasm and motivation across the school, enabling us all to be creative and imaginative in our work. The biblical teachings of Jesus underpin all we do, our priorities and decisions, collective worship, RE and across the curriculum. Our Christian values are alive and in action around the school. Our distinct Christian foundation supports children to cooperate, share and show respect for everyone, regardless of faith, culture or ethnic background and be responsible for their own behaviour.

| APPROVED BY THE FULL GOVERNING BODY - DATE | NEXT REVIEW DATE |
|--|------------------|
| 26 th September 2024 | September 2025 |

Signed: HEADTEACHER

Midhurst CofE Primary School is committed to Safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Our intention is that children will be safe, secure and happy, and enjoy their time as pupils at this school.

1. Vision and Values

Midhurst Primary School has a therapeutic approach to behaviour that prioritises the pro-social feelings of everyone within the dynamic. We promote pro-social behaviour and recognise that you cannot teach children to behave better, by making them feel worse. This therapeutic behaviour policy should be the plan for the majority of children. In addition to this, some children may require an individual therapeutic plan to formalise strategies that differentiate from policy. Others may need a more flexible approach at times of anxiety and change or in specific circumstances.

2. Aims

- To promote the inseparable link between teaching, learning and behaviour.
- To improve staff confidence and safety in applying a therapeutic approach within their class dynamic
- To support the inclusion of those pupils with difficult or dangerous behaviours
- To ensure a positive environment for safe learners
- To reduce and eliminate exclusions

3. Promoting Pro-Social Behaviour

Pro-social behaviour relates to behaviour which is positive, helpful, and intended to promote social acceptance. It is behaviour which benefits other people or society.

Our Expectations of Pro-social Behaviour:

- Respect everyone
- Be honest
- Be trustworthy and polite
- Accept responsibility for your actions
- Be helpful and kind to others
- Work hard
- Listen to everyone
- Look after the school and its grounds

4. Responding to Pro-Social Behaviour

Recognition of good behaviour is essential to cultivate a pro-social culture. All pro-social behaviour should be acknowledged by all adults and recognised in the following ways:

- Specific positive named verbal feedback
- Positive body language (smiles/thumbs up)
- Adults being specific about what is good and in being proactive in finding reasons to praise children.
- Adults informing class teachers of pro-social behaviour at lunch and playtimes

5. Rewarding Pro-Social Behaviour

In order to promote pro social behaviour, we believe it is essential to reward the behaviour we encourage. All members of staff can award Reward Points. Please see the table below for our reward system:

| Reward | Reason | Celebration |
|--------|---|---|
| R1 | Good choices with attitude and learning | |
| R2 | Going above and beyond | |
| R3 | Exceptionally good behaviour, attitude, work. | FAB Certificate handed out on Friday |
| R4 | Child goes above and beyond Significant achievement outside of school | Hot chocolate Friday with Mr Jefferson |
| R5 | Upgrade from R4 to R5 by Headteacher | Treat with the Vicar once a half term. |

6. Examples and Consequences of Unsocial and Anti-social behaviour

Unsocial behaviour is behaviour that affects the individual. Antisocial behaviour is behaviour that causes

harm to an individual, a group, to the community or to the environment.

| | Behaviour observed | Response | Educational or |
|-----------|---|--------------------|--------------------------|
| | | | protective |
| | | | consequence |
| C1 | Calling out | Praise other | Positive phrasing: |
| | Out of seat | children who are | Come and sit next to |
| | Off task behaviour (fiddling/making low | demonstrating the | me and I'll help you. |
| | level noise – tapping/banging noise/low | required | Limited choice: Would |
| | level disruption) | behaviour. | you like to do this work |
| | Refusal/Non-compliance | Verbal reminder to | in the classroom or |
| | Leaving the classroom | whole class of | outside? Would you |
| | | expected | like to take a break or |
| | | behaviour. | complete it now? |
| | | Quiet 1:1 reminder | Disempowering the |
| | | of expected | behaviour: You can |
| | | behaviour and | choose to complete |
| | | refocus on task. | the work later. |
| | | Consider if the | Consequence: We will |
| | | work is set at the | check you understand |
| | | appropriate level. | the work before going |
| | | Is it too easy and | out for break time. |
| | | they are finished? | |
| | | Is it too hard and | |

| C2 | Repeated C1 offences | they don't know where to start? Repeat strategies above | 10 minute reset in designated area of classroom or partner class. 2-minute chat at breaktime/lunchtime. Warning if this continues it will become a C3. |
|----|---|---|---|
| C3 | All anti-social behaviours as listed below: Assault on another pupil (hitting/kicking/biting/scratching) Throwing objects Racism/Bullying/name calling Defiance Repeated C1 behaviours | Use scripts to de- escalate behaviour. Inform SLT and record on CPOMs. Inform parents at end of day in person or by telephone or email. | 30-minute Restorative Lunch. Child will eat lunch in dinner hall first then go to the Snug for restorative activities with our trained ELSA 12:30-1:00. |
| C4 | If a child receives 3 x C3 in a two-week period or refuses to attend restorative lunch. Serious acts of anti-social behaviour | Class teacher to contact parent and arrange a meeting to discuss behaviour. Fixed term | Protective consequences such as individualised playtimes/work spaces. Restorative meeting on |
| | causing physical harm to another child or adult. Repeated incidences of racism, bullying or name calling of protected characteristics. | exclusion | return to school with MJ. |

7. De-escalating Anti-Social Behaviour

It is important to remember the following points when responding to anti-social behaviour:

- Use a calm tone of voice.
- Treat the young person with respect remember they will be hurting too.
- Do not cause embarrassment or humiliation to the young person.
- Class teachers and classroom assistants should deal with incidents of anti-social behaviour in the first instance. If a change of face is required, class teachers may call on any other adult who has a good relationship with the young person.
- Senior Leadership Team must be informed of all incidents of anti-social behaviour.

Using the following scripts, can help deescalate anti-social behaviours:

| Using the following scripts, | | | | Educational or |
|--|---|----------------------|----------------|--------------------------|
| Behaviour observed | Positive Phrasing | Limited | Disempow | |
| | | Choice | ering the | protective |
| | | | behaviour/ | consequence |
| | | | De- | |
| | | | escalation | |
| Assault on a pupil | 'Your actions have | 'We can | 'When | In class time: |
| (hitting/kicking/biting/sc | hurt me/child's | walk to X | you're | Removal from class |
| ratching) | name. Use your | or you can | calm, I am | to an adjacent class |
| | words and I will | go to | here to | for a period of self- |
| | listen'. | Sensory | listen.' | refection. Can return |
| | 'I wonder if you're | Circuits/S | (Give take | when regulated. |
| | feeling | nug.' | up time | At playtime: Loss of |
| | frustrated/agitated/a | (Give take | and | the next breaktime |
| | nnoyed. It's not a | up time | repeat). | as a protective |
| | nice feeling/That's a | then | repeaty. | consequence for the |
| | strong feeling to | repeat) | | targeted pupil and |
| | have. Walk with me | If child | | for time to discuss a |
| | and we can talk | refuses, | | |
| | | l - | | more appropriate |
| | about it.' | then try | | way of dealing with |
| | | change of | | the problem. |
| | | face – new | | Restorative |
| | | adult | | conversation. Inform |
| | | repeats | | SLT. Phone call to |
| | | script. | | parents. Record |
| | | | | incident on CPOMS. |
| Consistent disruptive | 'Your actions are | 'We can | 'When | Restorative |
| and/or disrupting | disrupting the class. | walk to X | you're | conversation: 'Your |
| others' learning by | Use your words and I | or you can | calm, I am | actions caused other |
| shouting, banging, | will listen'. | go to | here to | children to miss out |
| making noises | 'I wonder if you're | Sensory | listen'. | on their learning and |
| | feeling | Circuits/S | Then give | that is unacceptable'. |
| | frustrated/agitated/a | nug.' | time and | Removal from class |
| | nnoyed. It's not a | (Give take | space until | to an adjacent class |
| | nice feeling/That's a | up time | they are | or outside for the |
| | strong feeling. Walk | then | ready. | rest of the lesson/ |
| | with me.' | repeat) | , · | following lesson as a |
| | | (If child | | protective |
| | | refuses, | | consequence to the |
| | | then try | | targeted pupil and |
| | | change of | | for reflection time. |
| | | face – new | | Inform SLT. Phone |
| | | adult | | call to parents. |
| | | | | Record incident on |
| | | repeats | | |
| | | script.) | | CPOMS. |
| Vandalising another | Vour actions are | 11/0 535 | When | Postorativo |
| Vandalising another person's property. | 'Your actions are disrupting the class. | 'We can walk to X | When you're | Restorative conversation |
| | | | | |

| | Use your words and I will listen'. I wonder if you're feeling frustrated/agitated/a nnoyed. It's not a nice feeling/That's a strong feeling. Walk with me. | or you can go to Sensory Circuits/S nug.' (Give take up time then repeat) (If child refuses, then try change of face – new adult repeats script.) | calm, I am here to listen. Then give time and space until they are ready. | Assisting with repairs or planning repairs. Inform SLT. Phone call to parents. Record incident on CPOMS. |
|----------|--|--|---|---|
| Defiance | 'Come and sit next to me and I'll help you.' 'I wonder if you're feeling frustrated/agitated/a nnoyed. It's not a nice feeling/That's a strong feeling. Let's take a break.' | 'Would you like to do this work in the classroom or outside?' 'Would you like to take a break or complete it now?' (Give take up time then repeat) (If child refuses, then try change of face – new adult repeats script.) | 'You can choose to complete the work later'. Then give time and space until they are ready. | Restorative conversation We will check you understand the story before going out for break time. Inform SLT. Phone call to parents. Record incident on CPOMS. |

| Swearing Name calling Racism Bullying | 'Your actions have hurt me/child's name. I wonder if you're feeling frustrated/agitated/a nnoyed. It's not a nice feeling/That's a strong feeling. Let's take a break – walk with me'. | 'We can walk to X or you can go to Sensory Circuits/S nug.' (Give take up time then repeat) (If child refuses, then try | 'When you're calm, I am here to listen.' Then give time and space until they are ready. | Restorative conversation: 'Your words have hurt X and it is unacceptable to make anyone feel that way.' Social story around bullying/racism/hom ophobic language as appropriate. Inform SLT. Phone call to parents. Record incident on |
|---------------------------------------|--|--|--|--|
| Leaving the room | 'It's great that you | change of face – new adult repeats script.) | 'When you | CPOMS. Educational |
| without permission | recognise that you need some time to yourself.' | back into the room when you are ready and we can talk here or with who would you like to talk to, me or?' (repeat) | are ready to come back to class, I will listen'. | opportunities – identify early warning signs for needing to leave. Creation of a 'safe space' in the classroom if staying in class is difficult Inform SLT. Phone call to parents. Record incident on CPOMS. |
| Throwing objects | 'I wonder if you're feeling frustrated, agitated, upset. Walk with me'. Walk to field/sensory circuits etc | You can't stay in this room. You can either go to X or Y? Change of face – different person takes over and repeats script. | Remove rest of class from area until the child has left the room | Tidying up thrown objects or assisting with repairs. Inform SLT. Phone call to parents. Record incident on CPOMS. |

| Refusing to leave a room | I wonder if you're | You can't | Remove | Inform SLT. Phone |
|--------------------------|-----------------------|--------------|--------------|--------------------|
| when asked | feeling frustrated, | stay in this | rest of | call to parents. |
| | agitated, upset. Walk | room. You | class from | Record incident on |
| | with me. | can either | area until | CPOMS. |
| | Walk to field/sensory | go to X or | the child | |
| | circuits etc | Y? | has left the | |
| | | Change of | room | |
| | | face – | | |
| | | different | | |
| | | person | | |
| | | takes over | | |
| | | and | | |
| | | repeats | | |
| | | script. | | |
| | | | | |

Following an episode of anti-social behaviour, a child must be given time and space to regulate, relate, reason and repair. A child must not be asked to complete any work or to think until they are fully calm (at least 15 minutes). Asking them to do this before they are ready, could result in another explosive outburst.

| | 1 | | | |
|---------------------------------------|---|--|--|--|
| REGULATE | Consider that the child may be in a negative stress state | | | |
| (teaches pupil how to shift state) | such as: fight, flight or freeze | | | |
| | Offer regulation activities: distraction/fidget toys/job or | | | |
| | errand/heavy lifting | | | |
| | Offer Sensory Circuits or snug | | | |
| RELATE | Warm, friendly expressive face | | | |
| (teaches pupil relationship building) | Positive body language | | | |
| | Be attentive and in tune | | | |
| | Acknowledge feelings and meet body language | | | |
| REASON | Reduce words | | | |
| (teaches pupil) | Use dual coding | | | |
| | Drop the subject into a play situation or relate to own | | | |
| | feelings and experiences | | | |
| REPAIR | Fix it together – clear it up/mend it/give time back | | | |
| (teaches pupil how to shift state) | Random acts of kindness – think of something that will | | | |
| | make the child feel better | | | |
| | Avoid making a child say 'sorry', could ask them to | | | |
| | check someone if okay. | | | |
| | Do something together to reduce the shame. | | | |

When an anti-social behaviour has occurred, the class teacher must record the incident on CPOMS and parents/carers must be informed on the same day where possible either in person or by phone.

8. Consequences – protective and educational

When antisocial behaviour does take place, a consequence is needed. This can take place in two forms:

Educational – where time is spent talking to the child, about the impact their behaviour has had on others and what could be done differently next time. This needs to be a calm, honest

discussion away from any heightened anxiety or emotions. Staff may decide to use activities such as Lego, sensory circuits or dual coding in an environment where the child is calm and happy to talk.

Protective – where a child is removed from a situation to protect themselves and/or others from harm or high anxiety. This may be through a timeout environment and/or a go to person where they feel safe. It may be a removal from the playground and replaced with time inside away from identified dangers/conflict. It is not a punishment, but alternative provision where a child feels safe and reduces any high anxiety levels. This type of consequence will allow time for staff to re-visit plans and/or arrangements necessary to keep everyone safe.

9. Suspensions and Exclusions

The headteacher has the responsibility for giving fixed term exclusions (FTEs) to individual children for serious acts of anti-social behaviour. Only the headteacher has the power to exclude a pupil from school. The headteacher may exclude a pupil for one or more fixed periods, for up to 45 days in one school year. The headteacher may exclude a pupil permanently.

10. Roles and Responsibilities

All school staff will:

analyse behaviour rather than moralise about it

- look for the root causes of the behaviour (all behaviour is a communication)
- model therapeutic practices with all children, adults in school and parents or visitors from outside
- use universal scripts to be outcome and resolution focused rather than emotive
- Build trusting relationships with all pupils centred on mutual respect
- Listen patiently and openly to both sides of every story
- Display sensitivity and care
- Apply the behaviour policy consistently and fairly
- Encourage children to make choices and take responsibility
- Treat all pupils with kindness and respect

The Headteacher will:

- To implement the school behaviour policy consistently throughout the school, and to report to governors, when requested, on the effectiveness of the policy.
- Keep a record of all reported incidents.

The SENDCo will:

- Listen to the child
- Listen and support teachers by providing advice and suggested strategies to manage behaviour
- Liaise with external agencies such as the Learning and Behaviour Advisory Team (LBAT)
- Meet with parents if behaviour is becoming a concern
- Write individual Therapeutic Behaviour Plans in consultation with the class teacher, child and parents.

